

Day	Event	Stream	Starting Hour	Close Hour
Friday	Weight ins	Women (all categories); Men (up to 75 kg)	17:00	20:30
Saturday	Weight ins	Men (up to 100 kg)	9:00	12:00
Saturday	Weight ins	All Weight Classes	15:00	20:00
Saturday		Opening Ceremony	14:30	
Saturday	Powerlifting	Flight A - Women (48, 52, 56 & 90 kg)	14:45	
Saturday	Powerlifting	Flight B - Women (60 & 67,5 kg)	15:15	
Saturday	Powerlifting	Flight C - Men (67,5 kg)	17:45	
Saturday	Powerlifting	Flight D - Men (60 & 75 kg)	18:15	
Saturday		Awards Ceremony	21:00	
Sunday	Powerlifting	Flight E - Men (82,5 kg)	9:30	
Sunday	Powerlifting	Flight F - Men (82,5 kg)	10:00	
Sunday	Powerlifting	Flight G - Men (90 kg)	12:30	
Sunday	Powerlifting	Flight H - Men (100 kg)	13:00	
Sunday	Powerlifting	Flight I - Men (110, 125, 140+ kg)	16:00	
Sunday	Powerlifting	Flight J - Men (Elite)	16:30	
Sunday	Bicep Curl	All Weight Classes	19:30	
Sunday		Awards Ceremony	20:30	

* Всеки състезател има право да се претегли до 2 часа ПРЕДИ започване на флайта в който участва
Each competitor has the right to weigh in up to 2 hours before the start of the flight in which he/she participates

Weight ins = Кантар